## **CONTRAINDICATION DISCLOSURES & POLICY:**

It is the client's responsibility to inform the therapist PRIOR TO EACH SESSION of any new or worsening medical conditions, accidents, injuries, cuts, scrapes, bruises, and/or topical or oral medications, supplements, or products being used. Failure to do so may result in harmful consequences to the skin or body. By moving forward with each session, the client agrees that they have disclosed all aforementioned information and releases the therapist of any responsibility for any negative reactions that may occur during or after the service.

## CONTRAINDICATIONS FOR MANY TREATMENTS INCLUDE THE FOLLOWING, BUT ARE NOT LIMITED TO:

- Allergies to ingredients/products used anywhere within the office
- Blood clots (thrombosis)
- Blood pressure conditions (uncontrolled)
- Bone fractures
- Bruising
- Cancer
- Cardiovascular issues
- Communicable diseases (i.e. any viral, bacterial, fungal infection that can spread via contact or respiration)
- Diabetes
- Eczema or Psoriasis
- Edema (swelling for unknown reasons)
- Fever
- Injuries recently obtained
- Open wounds or cuts/scrapes
- Osteoporosis
- Pregnancy
- Skin diseases
- Sunburn
- Use of certain medications including but not limited to antibiotics, steroids, pain relievers, anti-inflammatories, retinols/retinoids, various exfoliating enzymes, and more
- Varicose veins
- Various other conditions!

To ensure that it is safe to receive your scheduled services(s), please consult the therapist before your appointment if you have any of these conditions or anything that may not be listed above.